

Instructions for an Every Day Spray Tan: (NOT Competition)

These skin prep instructions will ensure you receive a flawless tan and a stress free experience. It is our goal to have a satisfied client for life.

- **Mani/Pedi completed BEFORE spray tan appointment**
- **Schedule appointment knowing you cannot exercise, sweat, shower or wear tight clothing for at least 24 hours post spray tan session**
- **All shaving is to be done 12-24 hours prior to your tan session**
- **All waxing is to be done at least 48 hours prior to minimize any irritation**
- **Lotion can be applied up to 8 hours before your spray session. You may use lotion on your face anytime**
- **Wear long, LOOSE pants (palazzo style) and an oversized soft polyester type top, or a knee length robe and matching bottoms. Wear loose footwear or flip flops if not raining after your spray tan while it is developing (24 hours)**
- **Our ***ONE Super Sunless product can be rinsed off in 1-3 hours*****
- **BRIDES- It is suggested you come for a trial spray tan 4-6 weeks prior to your wedding date**

IF you have not exfoliated but still desire a spray tan, we will accommodate you as long as you purchase our self exfoliating EX-MITT (\$6.00) just prior to being sprayed.

We guarantee our spray tans SO LONG AS you strictly adhere to our skin prep instructions.

Day Before your Spray Appointment: It is crucial to properly exfoliate your skin to remove the dead skin cells and create a clean palate for the solution to adhere. Use our water based Renewing Sunless Exfoliator) approximately 8-24 hours before your sunless session.

IF you cannot buy our Exfoliator prior to your appointment, we sell our EXMITT at the time of our appointment for a nominal fee. This disposable mitt is designed to polish, prime and pH balance your skin immediately prior to your appointment. No water or rinsing needed.

Shaving: Please make sure you remember to exfoliate **after** you shave, otherwise this will result in little to no color development. **Hair conditioner:** If you use hair conditioner, remember to exfoliate your back **after** you rinse the conditioner out of your hair. Otherwise the conditioner leaves a film on your back, interfering with the sunless tanning process.

POST SPRAY INSTRUCTIONS: For maximum results, wait 24 hours before showering UNLESS you have selected our ONE Super Sunless service.

Your first shower is a **PLAIN water rinse only regardless of selected service**. Gently pat dry, do not rub. Subsequent showers use our sulfate free pH Balancing Shower Cleanser. After your first shower and daily thereafter, apply our Sunless Color Extending Moisturizer. This lotion helps keep your tan health and skin moisturized while adding refreshing glow each day to your color. Our **Sunless Color Extending Moisturizer** is formulated to help your color fade gradually and evenly.

Please keep in mind an individual's skin type, activity level and frequency of showering may require more or less maintenance. Sunless products **do not** contain adequate sunscreen and do not protect against sunburn. We recommend Bull Frog and Blue Lizard sun block to protect your professionally applied sunless tan.